

PHILIPPINE MAZURKA (Continued)

3 steps, and backward three steps beginning with outside foot. (Dancers may use grapevine step as alternative starting M L and W R.)

4. Moving forward about the hall, dancers take three mazurka steps ending with three steps in place to change position so M is on the outside. Repeat mazurka steps with M returning to the inside. Repeat four times in all.

REDOBA (Philippine)

Music: Philippine National Dances, Reyes Tolentino

Formation: Partners in ordinary dance position, R hand of the W and and L hand of the M pointing down.

1. Using native waltz (step, close, step) dancers move at will in any direction 16 meas.
2. Executing the cut-step for M alternately L and R, dancers revolve in a clockwise direction while progressing counterclockwise.
Cut-Step: Described for M. Slide L ft. sideward to the L, cut L ft. sideward with the R, cut R with the L ft. raising R in back of L. Repeat to the R in the same way.
3. Execute native waltz steps as above.
4. In ordinary dance position M hops on L ft. 3 times and on the R ft. 3 times. W same with opposite ft. This is executed while revolving in a clockwise direction. Dancing in place dancers take 6 side cutting steps with the foot moving in a lateral direction sideward. M starts this step by stepping on L ft. and swinging R ft. laterally sideward R. Repeat the full pattern 3 more times.

POLISH POLKA MAZURKA

Music: Any even phrased mazurka, preferably Polish

Formation: Double circle with man on the inside.

1. Step kick swing (for man--woman does same with opposite foot)
Step kick-swing R ft. across L.
Step kick swing L ft. across R.
2. Running Mazurka. Man moves forward with L (accent) right, left, and right, left right. Girl turns out under joined arms after step kick-swing doing 2 mazurka patterns of right, left, right, left, right, left.
3. Click step. (For man while girl moves along with running mazurka step.)
Man moves sideways facing girl, both progressing forward.
Stamp left, knock left foot away with right, clicking heels twice in the air. During clicks, weight is on man's right foot.
4. Cross step. (After click step, man steps directly toward the girl)